

- Q-5** **Attempt all questions** **(10)**
- A** Provide five advantages of high self esteem
- B** How to Improve Self Esteem? Explain.
- Q-6** Describe the Theory of Maslow in detail. **(10)**
- Q-7** Give detail description of 5 D's of Goal Setting: Direction, Dedication, Determination, Discipline, Deadline **(10)**
- Q-8** Provide a detailed explanation about Intelligence quotient, Emotional quotient, Spiritual quotient **(10)**

